



IMPACTO® THERA-EGG HAND EXERCIZER

Hand Therapy Device

Rehabilitate and strengthen fingers, hands and wrists - anywhere, anytime!

- Ergonomically shaped resistive hand exerciser made of non-allergenic Visco-Elastic Polymer.
- Ideal for improving muscle strength, increase mobility and reduce pain in the finger, hand, and wrist ligaments and tendons.
- Recommended to progress from extra-soft to firm density as strength and grip improves for the best results.
- Hot Therapy:
 - Place Thera-Egg in container with warm water for 3-4 minutes prior to use to improve circulation in the hands and fingers.
- Cold Therapy:
 - Place Thera-Egg in a refrigerator prior to use to help desensitize painful areas.
- Compact and lightweight design for at work or at leisure.
- Exercise Suggestions: Finger Flexion, Finger Adduction, Thumb Flexion, Pinch Grip, Grip Strength Pronated/Supinated
- Can also be used to help alleviate stress and reduce anxiety as a sensory outlet.
- Silicone-Free & Latex-Free



DIRECTIONS OF USE: Follow instructions and recommendations by your doctor or practitioner. Do not exceed the prescribed number of repetitions. Consult your doctor or therapist if soreness or inflammation occurs.

CARE & CLEANING: If used properly, the Thera-Egg will give long and trouble-free use. If it becomes dirty, simply wash in warm soapy water, rinse and pat dry with a cloth towel. (Do not use paper towel as it may leave lint on the surface). Dusting the surface of the Thera-Egg with baby powder or talcum powder will remove any surface tackiness.

Part #	Color	Resistance Density
180401PAK	Orange	Extra Soft
180501PAK	Green	Soft
180601PAK	Blue	Medium
180701PAK	Purple	Firm

TRUSTED PROTECTION

ISO 9001:2015



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